

# INSTRUCTOR TRAINING REGISTRATION FORM - AUSTRALIA



## PERSONAL DETAILS - PLEASE PRINT

Les Mills Asia Pacific is a campus of the Australian Institute of Fitness. (RTO code 121508)

Title: \_\_\_\_\_ First Name: \_\_\_\_\_ Surname: \_\_\_\_\_ Mobile: \_\_\_\_\_  
Customer ID (if applicable): \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Phone(W): \_\_\_\_\_  
Address: \_\_\_\_\_  
Suburb: \_\_\_\_\_ State: \_\_\_\_\_ Postcode: \_\_\_\_\_  
Email: \_\_\_\_\_

What industry qualifications do you have?  
None  
Certificate III / IV  
Group Exercise Leader (GEL)

## ENDORSEMENT BY CLUB

Endorsement confirms that the Club (licensee) is currently licensed to conduct classes in the program indicated below and hereby nominate you (the trainee) to under-take the training module in this program. Les Mills Asia Pacific will contact the nominated club to confirm your endorsement.

Club Name: \_\_\_\_\_

## REGISTRATION CANNOT BE PROCESSED WITHOUT ENDORSEMENT

Select a Program	Dates	State	Initial Module (incl GST) AUD\$	Advanced Instructor Module 1 (AIM1) (incl GST) AUD\$	Advanced Instructor Module 2 (AIM2) (incl GST) AUD\$
BODYATTACK®			\$649.00	\$199.00	\$399.00
BODYBALANCE®			\$649.00	\$199.00	\$399.00
BODYCOMBAT®			\$649.00	\$199.00	\$399.00
BODYJAM®			\$649.00	\$199.00	\$399.00
BODYPUMP®			\$649.00	\$199.00	\$399.00
BODYSTEP®			\$649.00	\$199.00	\$399.00
LES MILLS TONE™^^			\$679.00	\$199.00	\$399.00
RPM™			\$649.00	\$199.00	\$399.00
SH'BAM®			\$649.00	\$199.00	\$399.00
CXWORX® ^^			\$679.00	\$199.00	\$399.00
GRIT™SERIES ^			\$679.00	\$199.00	
BORN TO MOVE™ Junior Module			\$649.00		
BORN TO MOVE™ Senior Module			\$649.00		
SPRINT™			\$649.00		
LES MILLS BARRE™			\$649.00		
GROUP EXERCISE LEADER (GEL)			\$299.00		

### Select music type

PPCA free	Initial Module Training Re-sit Fee	\$200.00	Subtotal \$
Original			Total \$

## Terms & Conditions

I agree to the attached Terms and Conditions

Signature of Instructor

## Payment Information

Cheque\*      Mastercard\*\*      VISA\*\*

Credit card Number: \_\_\_\_\_ Expiry Date: \_\_\_\_\_ CCV: \_\_\_\_\_  
Name on Credit card: \_\_\_\_\_ Cardholder Signature+: \_\_\_\_\_

\*cheques payable to Les Mills Asia Pacific \*\*1.5% credit card surcharge applies for payments made by credit card. \*By authorising this payment you are also agreeing to the Terms and Conditions of Les Mills Instructor Training

^GRIT IMT \$30 (to cover additional Digital kit) ^^LMT/CX IMT +\$30 (to cover SMARTBANDS)

**SUBMIT YOUR REGISTRATION** Before submitting your registration form please ensure you have completed each section. Mail or fax your completed form to LES MILLS ASIA PACIFIC PO BOX 3998, Manuka ACT 2603 - Ph: +61 2 6282 8192 - Fax: +61 2 6282 0563 - Email: education@lesmills.com.au

## Terms and Conditions

It is advised that you read the full Terms and Conditions of Training carefully and that you contact Les Mills Asia Pacific (LMAP) with any questions that you have prior to registering for an LMAP Training. LMAP reserves the right to amend these Terms and Conditions from time to time.

## Training Modules

1. Les Mills Asia Pacific (LMAP) reserves the right to postpone or change the Training Modules Schedule should insufficient registrations be obtained, or extenuating circumstances (determined at LMAPs discretion) arise.
2. Registrations for Training Modules are accepted until the Registration Cut-Off Date.
3. Travel bookings are made at your own risk. LMAP recommends you do not make any non-refundable bookings until confirmation of the training is received after the Registration Cut Off date. LMAP bears no responsibility for any loss of funds.
4. You must be at least 16 years of age in order to attend a Training Module.
5. You must inform both LMAP (upon registration) and the Trainer (on the day) of any physical restrictions, disabilities or injuries.
6. As a minimum requirement, you must attend the entire Training Module and present your allocated track(s) in order to be eligible to receive a "Pass" outcome. Various competencies need to be demonstrated in order to be awarded a "Pass" outcome.
7. If you do not receive a "Pass" outcome from your Training Module (including if you do not attend the Training Module) you may book in to another Training Module for that program within 12 months for the Re-Sit Fee.
8. If you are pregnant, or become pregnant, you are required to obtain written medical clearance prior to commencing a Training Module.
9. Your place in the Training Module will only be reserved after payment has been received.
10. You must complete your Training Module within 12 months of initial registration.

## Initial Training Modules

11. You must have endorsement from a Club that holds a valid license for the program that you register for in order to be eligible to attend the training. Failure to secure endorsement will result in you being withdrawn from the Training Module. Prior to registering for a training it is advised that you speak to your preferred endorsing club about mentoring and employment opportunities available post module training. LMAP does not take any responsibility for obtaining endorsement for you or guarantee you a teaching opportunity.
12. Training Resources are electronically sent to you approximately eight (8) days prior to the Initial Module Training in order for you to learn the music and choreography, and practice your allocated track(s) in preparation to present during the Training Module.
13. All Training Resources will be provided in digital form and includes a Program Release Kit (digital copy of music, instructional video and choreography notes) and a Program Manual (a printed version will be provided to you at your training).
14. Initial Training Modules consist of two consecutive days, followed by a third day, typically eight weeks after the first two days. You are required to attend all three days in their entirety, and demonstrate the required competencies in order to achieve a "certified" outcome. In the case where you do not attend all three days in their entirety, or do not fully demonstrate the required competencies, you will receive a "resit" outcome.
15. After the completion of the second day of your Initial Training Module, you are not qualified as an instructor in the given Les Mills program. After completion of the second day, you may team-teach with a certified instructor in preparation for Day 3. Only after obtaining a "certified" outcome from Day 3 are you qualified to teach classes in the given Les Mills program.
16. Prior to attending the Initial Training Module, you are not authorised to conduct (teach or team-teach) classes.

## Group Exercise Leader (GEL)

17. GEL will be awarded on successful completion of the following:
  - a. Certification in one or more Les Mills programs.
  - b. A pass mark in the Les Mills GEL exam.
18. GEL is non - refundable and not transferable to another person.

## Refund, Transfer Credits and Resits

19. Withdrawals more than four (4) weeks from the date of the training Module can be rebooked within 12 months free of charge. After 12 months the full module registration fee will be charged.
20. Refunds will not be given for changes of mind, including changes in personal circumstances.
21. Withdrawals for any reason, including medical reasons, within four (4) weeks of the Training Module date will result in a Re-sit outcome and the Re-sit fee will be payable upon re-registration. Registrations after 12 months will incur the full module registration fee. A refund, or transfer into another program is not available.
22. A credit will be offered to you where training has been cancelled by LMAP. You will be informed of the cancellation via email.
23. Les Mills Training products are non-transferrable, and cannot be exchanged for any other Les Mills product, including other Les Mills training products.
24. In exceptional circumstances (that can only be approved by LMAP Head Office), a Day 3 date change will incur a fee (currently \$200)
25. In exceptional circumstances, those in extremely remote areas (that may be approved by LMAP Head Office), a Day 3 via video option is available. This will incur a fee.
26. If you receive a re-sit result after Day 3, you can attend another Day 3 (within 12 months). This will incur a re-sit fee.
27. All module training needs to be completed within 12-months of purchase. After 12-months the full training fee applies.

## Intellectual Property and Licensing

28. Intellectual Property including but not limited to; music, choreography, instructional video, written materials and equipment must not be copied, shared, or re-sold for the use of others.
29. Each Les Mills program may only be taught in Facilities licensed by LMAP in that program.

## General Recommendations

30. In Australia, it is advised that once you are Certified, have completed an Industry qualification such as GEL or Certificate III in Fitness (Group Exercise) and hold a current Provide First Aid Certificate that you register with an industry body (e.g Fitness Australia, Physical Activity Australia) and obtain the appropriate insurances before teaching Group Fitness classes. If you choose to register with Fitness Australia, you are required to adhere to the Scope of Practice as outlined below. You must be a registered Group Exercise Instructor/Leader in order to attain Fitness Australia CEC's.

## Scope of Practice for Registered Exercise Professionals

The role of a Registered Exercise Professional:

1. The core role of a Registered Exercise Professional is to plan and deliver safe and effective exercise programs for individuals and/or groups.
2. The following scope of practice applies to Instructors certified to teach Les Mills programs and wish to register as a Group Exercise Leader (GEL).
3. The scope of this role is limited to leading pre-choreographed group exercise sessions. (i.e not tailored to individuals).
4. Registered Exercise Professionals agree to abide by the Fitness Australia Registered Exercise Professional Code of Ethics. The registered Exercise Professional scope of practice is influenced by local regulatory frameworks and as such registered exercise professionals must adhere to the regulations.

For further information please visit the Fitness Australia Website <http://www.fitness.org.au/scope-of-practice>